

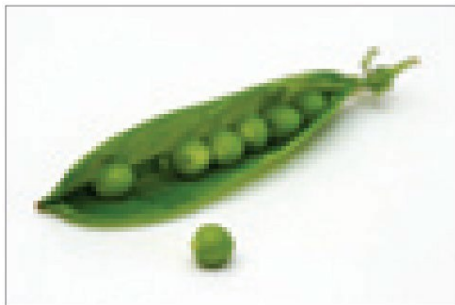
What is a High Resolution Photo?

High resolution photos are required for sharp reproduction in our publications otherwise the printing quality is very poor. Pictures should be taken at the highest resolution setting on the camera.

Photo Submission:

TYPE	DIMENSIONS		FILE FORMATS	FILE SIZE
Profiles, interviews, Print Promotion	5" x 7"	1500 x 2100 pixels	jpg, png, tiff, psd (at a resolution of 300 dpi). iPhone users may convert their HEIC to a jpg.	min. 800 KB for jpeg

These are Samples of Photos When Printed:



- Photos that are less than 5"x7" and 300 dpi are not suitable for print
- A picture that is low-resolution cannot be made into a high resolution photo
- A high resolution picture is determined by its number of pixels; more pixels improve the sharpness of the picture
- This is print quality

What is Allowed:

- RESTRICTED: AI generated images, composite images or heavily edited images will be removed from the contest.
- Certify all content in the videos submissions is original, not AI-generated, and belongs to the entrant, or is under creative commons licensing; including any audio.
- ACCEPTED: Basic exposure, color correction, contrast, white balance, and cropping are allowed.

The amount of space a picture takes up on your computer and how long it takes to email is determined by the picture's file size. The more pixels a picture has, the larger its file size will be.